



Awaken Your True Story

These one-on-one sessions incorporate a grace-filled atmosphere and individualized, Bible-based content designed to empower you to:

- **Believe God**

Know what He thinks of you; Trust what He says about you; Discover the story He's writing of you

- **Trust Yourself**

Identify the voices speaking into your life; Listen to the true ones; Believe in yourself

**So you can leverage your true story
to live powerfully, authentically, and confidently
and create the life you crave!**



Identifying the Authors

To help us understand how your Today Story began, we identify the different “authors” speaking into your life, how much (or how little) to listen to these voices, and the roles guilt and shame play throughout the story.

Exploring the Main Character

Every person has a unique personality and purpose, and God pre-planned the “character” of you long before you were even born. Let's look at His blueprint of the colorful person you are so we better understand how you fit into your own story.

Hearing God's Side of the Story

As believers, we have a beautiful, new identity that's often left undiscovered or mistaken. God desires for you to know who you truly are. We delve into what God *really* thinks of you and how He sees you. (Psst . . . it has everything to do with grace!)

Embracing the True Version

Let's identify the parts of your Today Story that align with God's story and the parts that can be let go so that you more fully enjoy His TRUE story of you. This is where we spend time taking God's truth from head knowledge to heart deep.

Co-authoring the Rest of the Story

Now that you know the True Story of you, what might life look like? What do you want? And what's standing in the way of you getting it? We create space for you to dream and, with God, begin to co-author the rest of your amazing life!